

## **Consulting room for natural healing Sandra Tolusso**

Sandra Tolusso, graduation as natural healer

Consulting room for leech therapy, cupping, Spagyrik and dance therapy.

I give lectures about leech therapy with pleasure.

## **Biography**

Education as druggist 1989

School for natural healing Josef Angerer, Munich 1994 – 1997

Formation in holistic body work, dance and dance therapy

Study visits in North- and South-America

Birth of my daughter (2007)

1998 I opened my own consulting room in Luzern. To expand my knowledge and strengthen my experience, I worked part-time in the consulting room for natural healing Imlig in Ibach. Since 2008 I am working again fulltime in my own consulting room. Over the years I specialised in leech therapy.

It's important for me to be the right contact person to talk with. Do you want to know more about? I am happy to answer your questions on the phone or personally.

After 1 to 3 sessions of my therapies, there should be a clear improvement of the ailments.

Sandra Tolusso is a certificated natural healer, and she got the certificates of EMR and KK with additional insurance.

## **Contact**

Consulting room Sandra Tolusso

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## **Appointments**

Monday till Saturday, previous agreement by phone

## **Patient's feedback**

„My doctor told me, that I have got arthrosis on the joint of the big toe of my left foot. This is surely a consequence of my times as a football player. Already after the first treatment with leeches, my pains had diminished and the inflammations on the joint were going back. After 4 therapies with leeches more, my joints remained painless till today.“

J.L. 1946

“My leg is flying again. Thank you, Sandra, I am happy and movable again.“

Patient using leech therapy, A.H., 55 years old

“It was really relaxing: Sandra's cautious instructions helped me to go into free movements according to the sound of the music. It was enormously soothing.“

S.A., GFK Trainer

## **Leech Therapy**

This is a traditional healing system for modern human medicine.

Already before the fifth century before Christ leech therapy was a steady part of the art of healing. As well as the Greek as the Roman savants used this technology in a big scale. The leech therapy was a steady part of healing in the Indian Ayurveda medicine. Nowadays leech therapy is not only part of natural healing, but it is used also at hospitals and orthopaedists use it in case of blood congestion.

Since 2000 I am working successfully with leech therapy. This work is fulfilling me with joy and gratitude.

Leech therapy is used therapeutically today in case of the following ailments:

Acute and chronic pains, diseases of the motion apparatus, tennis elbow, arthrosis of the knees and joints, disc prolapse, lumbago, Achilles tendon inflammation, neck tension, baker cysts.

Blood withdrawal (the mildest way of doing), detoxification, high blood pressure.

Ailments of the veins, open legs, haemorrhoids, heavy legs.

Cicatrices, headaches, ailments of the menopause, tinnitus, sudden hearing loss, dizziness, hemochromatosis, thrombosis, haematomas, depressions, sport injuries and much more.

## **Contraindications**

Blood clotting disorder (Haemophiliacs), blood diluting medicine, existing Immunosuppression (Immunodeficiency), pronounced anaemia, making a therapy with mercury preparations at the same time.

I get the leeches from a leech breed. There they breed the leeches in a closed ecosystem specially created for medicinal use.

Many health insurances pay the costs for the treatment with an additional insurance.

### **Bibliography:**

Blutegeltherapie, Andreas Michalsen/Manfred Roth, Haug, (ISBN 978-3-8304-7290-2)

So hilft Ihnen die Blutegeltherapie, Claudia Moser/Karla Moser, Haug, (ISBN 3-8304-2072-2)

Die Blutegeltherapie, Wissenswertes für Patienten zur Hirudotherapie, Kähler / Westendorff (ISBN 978-3-95582-064-0)

### **Cupping**

Cupping regulates the flow of the Qi (Qi means energy) and pulls the blood and the Qi to the affected point. Cupping helps also in case of stagnation (for example in case of pains, muscle tensions, tissue acidosis, etc.)

Since many years I am using the pulsation machine Pneumatron. With the aid of pulsation cupping, joints can be treated perfectly.

### **Spagyrik** (Natural medicine)

Spagyrik is an ancient, holistic healing system, including body, soul and spirit and harmonising them.

It is very useful in babies and women who are pregnant or breast-feeding. The natural medicine helps also animals very good, treating them with Spagyrik essences. Using a unique way of preparation, the power of the whole plant can be set free and act.

As a learned druggist, I have got 35 years of experience with Spagyrik.

I made the Master of Spagyrik in 2013 at the Heidak AG. Since then I work together with the drugstore Ambauen in Beckenried.

“Everyday life is calling for a change. I accompany you to your essence”

### **Dance Therapy**

Words mean this and that, but the language of movement brings the deeper feelings to light.

It's a whisper from heart to heart.

Dear human beings, who like to dance, I invite you warmly, to dip together into the power of movement of dancing and panting, to feed body, soul and spirit – to show truth, joy and love.

## **Events**

Dancing nights at Rhynauerhof

Obergrundstrasse 97, 6005 Luzern

info@rhynauerhof.ch / www.rhynauerhof.ch

041 310 76 43

Free dance at Rhynauerhof

Every Wednesday from 19:30 -22:00 hours

10.4. / 15.5. / 26.6. / 3.7.2019

### **To bring with you**

Openness, eventually an own meditation pillow, woollen blanket, oil clothes, diary, water bottle

### **Members**

All 3 evenings: Fr. 120.00 / single evening: Fr. 50.00

### **Non-members**

All 3 evenings: Fr. 130.00 / single evening: Fr. 55.00

Registration till 12.3. resp. each event 3 days before / max. 12 participants